



Frequently Asked Questions

Work and benefits can work together. See how at www.db101.org

What is Disability Benefits 101 (DB101)?

DB101 is a benefits and work-planning website that offers a quick, easy, safe way to learn how work and benefits can go together to increase your income. It's FREE. It's PRIVATE. And using DB101 will not affect your benefits.

Who is DB101 for?

DB101 is designed for Minnesotans with disabilities, ages 13–64, their families, caregivers and service providers.

What can DB101 do for me?

DB101 gives you — all in one place — the tools, facts and resources you need to safely explore your options, plan for your future and reach your goals.

DB101 offers:

- Facts on benefit and work incentive programs.
- Tools for setting work goals and managing your benefits.
- Stories that show how to balance benefits and work.
- Answers to frequently asked questions.
- Help through Talk to an Expert, online tutorials, tip sheets and guides.
- Links to resources.

What if I need help while using DB101?

Anytime you have a question, you can use DB101's Talk to an Expert by live chat, phone or email.

When would I use DB101?

Whether you're thinking about working for the first time, returning to work, changing jobs or expecting a raise, DB101 is the safe, private way to:

- Learn more about work incentives, benefits and resources.
- Explore work as an option.
- See how your benefits and income might change with a job.
- Set work goals and plan your next steps.
- Prepare for job changes.

I'm not interested in working. Why would I use DB101?

Even if you aren't ready to work today, DB101 offers a lot of information that can help you:

- Learn more about the benefits you're on.
- See what other benefits you may qualify for.
- Explore whether you might want to work some day.
- Plan for the right job at the right time.

What if I don't have access to a computer?

Call the Disability Linkage Line® at 1-866-333-2466, Monday through Friday, during regular business hours. They can access DB101 for you and send you information.

YOUR RESOURCE. YOUR WAY.



1-866-333-2466

