

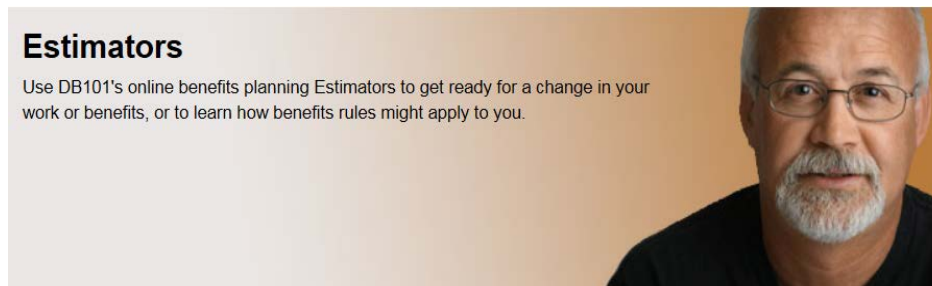
# Holding Engaging Conversations about Work


## *DB101 Estimator Session*

Minnesota Department of Human Services

Helping people understand the impact of work on their benefits is important to having engaging conversations about work. Many people believe they can't work because they'll lose their disability benefits. Disability Benefits 101 ([www.db101.org](http://www.db101.org)) has helpful information about disability benefits and work. The Estimators on DB101 can help you and the people you work with understand how work and benefits go together.

### Directions for Completing a DB101 Estimator Session



- Click on “Estimators”
- Click on “Go” under the “School and Work Estimator” if you are working with youth 14-23 years old
- Click on the “Go” under the “Benefits and Work Estimator” if you are working with adults
- Click on “Start” 
- Think of a person you're working with and use their sample information to fill in the estimator. It's ok if you don't know specifics, you can make them up for now.
  - Example:

- SSI of \$733/month
  - \$81 MSA
  - \$16 SNAP
  - No income from work
  - Free MA
  - Work 25 hours/week
  - \$10.00/hour
- Once you've completed the session, if you've registered and logged on to your MyDB101 account, it will be automatically saved in "Recent Sessions" under "My DB101" at the bottom of the page. You can use this as a quick way to get into a sample session in training or when working with people you serve.
  - Read through the results page. Pay special attention to the bottom line messaging on the left side.
  - Try the "*share this session*" on the right side. This emails a copy of this session to anyone you want.
  - A PDF of the session results will also be saved in your Vault files. Watch the "[My Vault](#)" video to learn more about how to use the Vault.