

DB101 gives you quick, easy and safe access to the facts, tools and help you need to balance work with your disability benefits. Use it to make work and benefits work together for you.

Whether you're thinking about working for the first time, returning to work or changing jobs, DB101 helps you:

- See how work options may affect your benefits.
- Explore work incentives.
- Learn from other people's stories.
- Set goals and plan next steps.

Even if you aren't ready to work, DB101 has lots of information you can use. Learn about the benefits you're on and other benefits you may qualify for. DB101 has all the information you need in one place.

Getting Started

The Home page has links to the main sections of DB101 and it's easy to get help when you need it.

1 Main Menu

Locate major topics on db101.org.

2 Your Situation

Look here for a personal approach. You'll find articles, success stories and related programs.

3 Programs

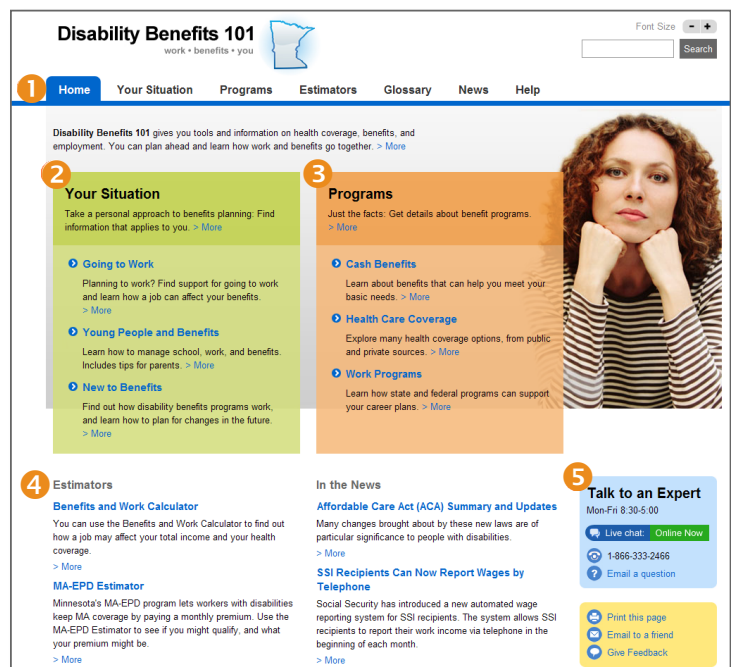
Learn all you need to know about benefits programs. You can get a quick look or all the details.

4 Estimators

Use benefits planning tools to get ready for a change in your work or benefits, or to learn how benefits rules might apply to you.

5 Talk to an Expert

Connect with a DB101 Expert using Live chat, phone or secure email when you have questions or need help.

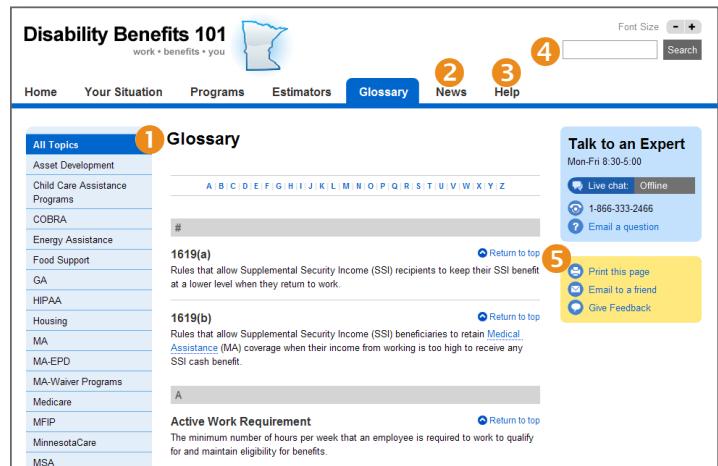


The screenshot shows the DB101.org homepage with the following elements:

- 1 Main Menu:** A navigation bar with links for Home, Your Situation, Programs, Estimators, Glossary, News, and Help.
- 2 Your Situation:** A green box containing links for "Going to Work", "Young People and Benefits", and "New to Benefits".
- 3 Programs:** An orange box containing links for "Cash Benefits", "Health Care Coverage", and "Work Programs".
- 4 Estimators:** A section with links for "Benefits and Work Calculator" and "MA-EPD Estimator".
- 5 Talk to an Expert:** A blue box with contact information including live chat, phone (1-866-333-2466), and email.


Other features make it even easier to use DB101.

- 1 **Glossary:** Learn the meaning of terms on the site from A to Z or by topic.
- 2 **News:** Find useful articles on benefits and employment.
- 3 **Help:** Learn how you can get help on your own or from others.
- 4 **Search:** Type a topic in the Search box. Search Results show all pages on DB101 that match your topic.
- 5 **Print, Email:** Print the page for your records or email the link to a friend. You can also give feedback to help make DB101 better.



Links on DB101

You can use links to learn more.

- 1 Text in blue (SSI) shows a link that takes you to other parts of the website.
- 2 Text in blue with a dashed underline (General Assistance) shows a link to a Glossary term. If you click the link, the definition will pop up in a new window so you don't lose your place.
- 3 A link with a special icon (county human services agency ) will take you to a location outside of DB101.org. This link will launch the new site in its own window.

When you apply for GA, you also have to apply **1** SSI and SSDI. The Department of [Human Services](#) has people who can help you apply for SSI. You can't be on both SSI and GA at the same time, but you can get GA while you're waiting for SSI to decide on an application or appeal.

If you have no other sources of income, you should consider applying **2** [General Assistance](#) (GA) at a **3** [county human services agency](#). If you qualify, you can receive a monthly GA benefit of \$203 while you're waiting to hear from Social Security.

Help When You Need It

DB101 has more than one way to get help when you need it.

- Click the **Help** tab to find other tools and resources.
- **Talk to an Expert** using Live chat, phone or secure email.

